

Holy Childhood School Concussion Protocol

In August of 2015, the State of Illinois signed into law Senate Bill 07 (Public Act 99-245), known as **Youth Sports Safety Act**. This act focuses primarily on concussion management, and requires all schools to develop a *Concussion Protocol*, and a *Return to Play* (RTP) policy by no later than September 1, 2016. The bill also requires the formation of a *Concussion Oversight Team* (COT) which is responsible for protocol development, and assuring protocols are known and followed by those individuals responsible for their implementation.

Concussion Oversight Team (COT):

- The Concussion Oversight Team will consist of the Principal and the Athletic Director, along with various other designees as and when needed.

Concussion Protocol:

- Any student/athlete who suffers a head injury shall be immediately removed from the game / playground / PE class / classroom and is subject to the Return To Play Policy i.e.:
 - The coach and/or official(s) will remove an athlete from competition immediately if a concussion is suspected.
 - The parent of a student / athlete who suffers a head injury must be notified.
 - School administration (Athletic Director for sports / Principal for school day) will be notified and receive a copy of the Incident Report.
 - The student / athlete must be evaluated by a health care professional.
 - This evaluation must be presented to the school.
 - Students / athletes who are determined **not** to have suffered a concussion can return to normal activities.
 - Students / athletes who are determined **to have suffered a concussion** cannot return to sports (games or practices) or school related activities until written clearance is received from a healthcare professional.
 - The student's / athlete's return to the classroom is subject to compliance with the Return To Learn Policy i.e.:
 - The student / athlete must present written instructions from a healthcare professional outlining the students / athletes prescribed limitations and their duration.

Coaches:

- Coaches will follow all concussion protocols.
- Coaches must complete and pass an IHSA approved Concussion Awareness Program prior to beginning their coaching career, and every two-years thereafter.

Students / Athletes:

- Shall review, sign, and return to the school a concussion and head injury information sheet prior to beginning practice or competition.
- Shall abide by all concussion, RTP and RTL protocols.

Parents/Guardians:

- Shall annually review, sign, and return to the school, a concussion and head injury information sheet.
- Shall provide their student's school with the necessary written consent in accordance with Illinois state law prior to their student's return to participation following a concussion.