

Table of Contents

Athletic Program Philosophy2
Diocesan Sports Policy2
Sports Webpage2
Sports Available to Holy Childhood Students2
Explanation of Eligible Students2
Important Phone Numbers3
Athletic Suspension Policy4
Athletic Paperwork4
Incident Reports4
Conduct at Sporting Events5
Conduct at Practice5
Participation & Accountability5
Gym/Athlete Supervision.....6
Sports Fees6
Physicals6
Consent Policy6
Team Division & Composition6
Parent/Legal Guardian Work Policy7
Uniform Return Policy.....7
Season Pass7
Fundraising7
Dress Code8
Athletic Participation Checklist9

Parent/Legal Guardian and Student Signature and Acknowledgement Page – Please Sign & Return

Athletic Program Philosophy

The purpose of the Holy Childhood Athletic Board is to provide an environment where student athletes can develop individual skills, good sportsmanship toward teammates and opposing teams alike while continuing to act in a Christian manner.

Diocesan Sports Policy

Copies of the Diocesan Sports Policy can be obtained from the school office or the sports webpage. Please keep in mind some of the policies in this handbook may be stricter than the Diocesan Sports Policy.

Sports Webpage

www.holychildhoodschool.com

Click on “Current Students”; then scroll down to “Athletic Program”. Schedules, directions to schools and workers schedules will be posted on this page.

Sports Available to Holy Childhood Students

Boys Athletics

Baseball	August – September	(5),6,7, 8
Basketball	October – January	(4), 5, 6, 7, 8
Volleyball	January – March	(4), 5, 6, 7, 8
Track	April – May	(4), 5, 6, 7, 8

Girls Athletics

Soccer	August – September	5, 6, 7, 8
Basketball	October – January	(4), 5, 6, 7, 8
Volleyball	January – March	(4), 5, 6, 7, 8
Track	April – May	(4), 5, 6, 7, 8

Explanation of Eligible Students

The Parochial level in Sports is essentially for 7th & 8th grade students. At certain times when participation numbers are low in these classes some 6th grade students may be asked to play at the Parochial level. That number will be determined by the Athletic Board with input from the team coaches and the Athletic Director (when applicable). If the 6th grade students are asked to participate the Coach, Athletic Director (when applicable), Athletic Board and Principal will determine who will be allowed to play up at the Parochial level; not all 6th grade students have to be brought up to play.

The Junior level in sports is essentially for 5th & 6th grade students. At certain times when participation numbers are low in these classes the 4th grade students may be asked to play at the Junior level. That number will be determined by the Athletic Board with input from the team coaches and the Athletic Director (when applicable). If the 4th grade students are asked to participate, any 4th grade student wanting to play will be allowed to participate.

Academic Eligibility lies at the discretion of the principal.

Important Phone Numbers

Holy Childhood School (HCS) Office	566-2922
Holy Childhood Parish Rectory	566-2958
Mr. Nic Liefer, Athletic Director nicholas.liefer@holychildhoodschool.com , npliefer@holychildhoodschool.com	830-8203
Mr. Scott Fournie, Assistant Athletic Director SFournie@ChickFritz.com	566-8202

HCS Athletic Program Board

Matt Athy, President	566-2534	athymatt@gmail.com
Stacy Ross, Vice President	340-0051	msross@charter.net
Andrea Harris, Secretary	632-5552/ 616-0377	siennasquest@aol.com
Lisa Reinneck, Treasurer		menglisa@hotmail.com
Shawn Housley	803-316-2728	tdyalot@gmail.com
Jonathan Loden	566-9428/ 972-2807	jonathanloden@gmail.com
Amy Amann	604-4894	haasa10@yahoo.com
Josh Fritz	980-1609	fritzee@charter.net
Rob Etter		robert.etter@anheuser-busch.com

Athletic Suspension Policy

As the Holy Childhood School (HCS) Athletic Board, we are very proud of the conduct exhibited by our Holy Childhood student/athletes. In representing HCS, by wearing the Apache uniform, our athletes are indeed winners in our eyes.

While reading the following policy, please remember how fortunate we are to have athletes that have not exhibited these behaviors, but also understand our reasoning for devising such a policy. In keeping with this tradition of good sportsmanship and winning attitudes, we have come up with a discipline/suspension policy so we can continue enforcing good behavior. Sports are a privilege at Holy Childhood School, not a right. An HCS athlete may be suspended from their team for any actions that are harmful to our school, to our athletic program, or to opposing schools. Possible examples are, but not limited to:

1. Disregard for the authority of our coaches or referees.
2. Disregard for teammates or opposing players.
3. Disregard for Holy Childhood team regulations.
4. Any improper language or conduct that brings shame to our athletic program.

These suspensions may be for practices and games or just for games.

Offenses such as sexual contact, alcohol and/or drug possession, weapon possession, stealing, foul language, and vandalism or coming to practice or a game under the influence of drugs, tobacco, or alcohol will result in immediate removal from the team.

Athletes will be removed from their team for repeated offenses or very serious infractions.

Individual issues should first be brought to the player's coach after adhering to the "24 hour rule". When issues cannot be resolved, individuals can take their concerns to the athletic director, principal, and athletic board, in that order.

The above policies and statements pertain to Holy Childhood School Athletes when at practice, games, and whenever they are wearing Holy Childhood School spirit wear or a Holy Childhood School uniform and representing Holy Childhood School.

Athletic Paperwork

1. All required paperwork must be filled out and given to the Athletic Board of Officers prior to a student participating in any sporting event. See Athletic Participation Checklist in this Sports Guide for required paperwork and fees. (This is referenced on page 9.)
2. No student will be allowed to participate in any practice or game until all items listed on the Athletic Participation Checklist have been completed and provided to the Athletic Program Board of Officers.

Incident Reports

1. Incident reports must be used by any individual with a complaint or issue related to conduct or behavior of HCS: parents, legal guardians, family members, coaches, referees, faculty members, principal, athletic director (when applicable), and athletes at any school sporting event (game, meeting, and/or practice).
2. Any complaint or issue can be turned in after the 24 hour cooling off period and must be documented on an Incident Report Form within 72 hours of said issue or complaint or it will not be investigated or addressed.
3. Incident Report Forms can be found in the school office, in the clear envelope by the main gym door.

4. All Reports will be reviewed initially by the Principal and Athletic Program Board of Officers. These reports along with actions taken to resolve will be provided for further review to the HCS School Board, if necessary.

Injury Report/Concussion Protocol

1. An injury report must be filed by the coach within 48 hours of an injury.
2. The injury report must include detailed information about the injury sustained and the parent's contact information.
3. The Concussion Protocol must be signed and returned by every family with an athlete in the athletic program at Holy Childhood before a student will be allowed to participate in athletics.
4. Holy Childhood School will adhere to the "Return to learn/Return to play" policy in place by the state of Illinois.
5. Copies of the Holy Childhood Concussion Policy can be found at www.holychildhoodschool.com, in the office, or in the clear plastic envelope in the gym.

Conduct at Sporting Events

1. Any coach ejected from a game will be suspended a minimum of one game. A second offense will result in suspension from all events for the remainder of the school year.
2. Any parent, legal guardian, or family member ejected from a game will be suspended from attending any HCS sporting event for 1 week or 2 sporting events whichever is longer. A second offense will result in suspension from all events for the remainder of the school year.
3. Any athlete, parent, legal guardian, or family member accosting or belligerently talking to a coach before, during, or after any sporting event, and before the 24 hour cooling off period; will be suspended from attending any sporting event for 3 weeks or 5 sporting events whichever is longer. A second offense will result in suspension from all events for the remainder of the school year.
4. Any player ejected from a game due to conduct will be suspended for a minimum of one game. A second offense will result in suspension from all events for the remainder of that sport season. If a suspension occurs at the end of a particular sport season the suspension will carry over to the next sport.

Conduct at Practice

1. Coaches must fill out an Incident Report for any child who is not acting properly before, during, or after a practice, any injury or situation that may occur during their practice time and provide it to the Athletic Program Board for evaluation.
2. Coaches are in charge of all practices and any parent who is participating in a practice must listen to and take direction from the coach.
3. Parents or legal guardians who are observing a practice must not interrupt or distract the athletes in any way. If parental or legal guardian behavior disrupts a practice, the coach must complete an Incident Report. Review of the Incident Report may result in the parent or legal guardian being asked not to attend practice. Coaches may close practice to non-team members if they wish.

Social Networking

1. Parents and student-athletes are responsible for all information contained in written or electronic transmissions (i.e. e-mail) and any information posted on a public domain (i.e. Internet, chat

rooms, blogs, Facebook, YouTube, My Space, Twitter etc.). Inappropriate, embarrassing or disrespectful information or pictures will not be posted in any public domain. Student-athletes are not precluded from participation in online social networks; however parents and student-athletes should be reminded that they serve as representatives of their team, the athletic program and Holy Childhood School.

2. Parents and student athletes should be mindful of their conduct on social networking websites. Please refer to the “24-hour” rule, and use the proper channels to file a complaint.

Participation and Accountability

1. Excused absences are, but may not be limited to the following: illness, doctor appointments or a death in the family. Family vacations and non-school/non-athletic related extracurricular activities are NOT considered an excused absence.
2. Any athlete having 3 no show, no calls, must attend but sit out their next game that they are available to participate in. Coaches’ discretion will be used to determine participation regarding absences.
3. Coaches will be provided with an absentee list in order to track athlete participation.
4. Coaches will be required to fill out an Incident Report for any child who has had 3 unexcused absences and provide it to the Athletic Director for evaluation.
5. Athletes suspended from athletic events must attend all practices. They must attend games they are suspended from and sit on the bench and dress according to the sports dress code.
6. Students who participate in sports are expected to attend practices and cooperate with their coaches. Students who are absent from school are not allowed to attend practices or games that day unless the absence was approved by the Principal.
7. If a student is absent from school, or comes in after 11:00 a.m. on a regular scheduled school day, he/she is not allowed to participate in any extracurricular activity including practices, games (including tournaments), for that same day unless the absence or tardiness has been excused by the Principal.

Gym/Athlete Supervision

1. If a child is not on the team practicing, has not been granted permission by the athletic director or principal, or has not been invited to stay in the gym during practice by the coach responsible for the practice, they are not allowed to stay anywhere in Holy Childhood School without a parent or legal guardian present at all times.
2. When a child arrives for a practice, the parents are to ensure that the coach for that child’s practice is present prior to leaving their child at Holy Childhood School.
3. Holy Childhood School/Gym cannot be used as an after school daycare or a library for students to do their homework as our coaches cannot supervise both the practice in the gym and activities in the hallway, bathrooms, or other areas of the school at the same time. Any athlete who disregards this rule will have an Incident Report written and will receive an athletic suspension. Any non-athlete will have an Incident Report written and sent to the Principal.

Sports Fees

1 Any student participating in our sports program will pay a fee of \$40.00 per sport for Baseball, Soccer, Basketball, Volleyball, and Track with a maximum per school year of \$140.00 if paid in

full by September 15th of the current school year. Fees should not exceed \$280.00 per family. All checks are to be made payable to the Holy Childhood School Athletic Program. No cash will be accepted.

2. Fees for each sport are due as follows:

Baseball and Soccer: Fees Due by September 1

Basketball: Fees Due by November 1

Volleyball: Fees Due by March 1

Track: Fees Due by May 1

3. If fees are not paid by the deadline, the athlete will not be allowed to participate in practices, games, or meets moving forward until the fees are received. Athletes will not be allowed to play the following sport until fees are received for the previous sport.

4. Fees may be refunded for families that paid the max fee but decided not to participate in all sports.

Physicals

Any student participating in our sports program must provide a sport physical form filled out and signed by a qualified physician. No student will be allowed to participate in any sporting event including practices until a physical form is filled out and turned into the school office prior to the start of each sports season.

Consent Policy

Neither Holy Childhood School or Holy Childhood Parish nor any entity of said Parish covers any student who participates in the Holy Childhood School Athletic Program with any health or accident insurance. Parents must have insurance coverage for their child. Each athlete's parents or legal guardians must release Holy Childhood Parish, Holy Childhood School, its employees, the Athletic Board and the Coaches from any claims that might arise from an injury that their child sustains while participating in these sports.

Team Division & Composition

1. The Athletic Board will determine all team compositions. The emphasis of the athletic program in 5th & 6th grades shall be learning fundamental skills and gaining self-confidence. Coaches shall give each student as much playing time as possible and at different positions, as well as a chance to start some games; however, student's attendance, attitude, and behavior at practices and games also will determine the amount of playing time. All players shall have played by the end of the game, as in all diocesan controlled sports. Playing time in grade 5 & 6 may not be equal but because these are considered learning grade levels, students will have as much playing time as possible. Playing time will be determined by practice participation, attitude, and game situations as directed by the coach. Tournaments are considered play-to-win. Playing time is at the discretion of the coach.

2. Playing time and selection of starters in 7th & 8th grades will be up to the discretion of the coach and will be dependent upon a coach's evaluation of an individual student's ability, attendance, attitude and behavior at practices and games. The 7th & 8th grades are considered a competitive

grade level and playing time is more selective as judged by the coaching staff. Individual abilities of the student athletes and game situations will cause a coach to play some athletes more than others.

Parent/Legal Guardian Work Policy

Parents or legal guardians of students involved in sports are required to work concession stand, door, and clean-up at HOME games. Clean-up responsibilities fall on the parents of the grade level that is the last game of the evening. Parents or legal guardians will self schedule themselves to work via Signup (www.signup.com). Parents or legal guardians will be notified when sign-up for each sport has begun. Each assigned time and date will be the responsibility of the family for which they are assigned. This date and time may be traded with other families or substitutes may be found to work these times. You are responsible to find a substitute. All worker schedules will be posted on the gym doors for reference. The Athletic Program Board reserves the right to adjust any work schedule as necessary.

Uniform Return Policy

After each sport has completed for the year, uniforms are to be turned in to the designated uniform manager. There is also a blue box located in the School Office for returns. If uniforms are not returned or are damaged, a parent or legal guardian will be expected to pay the replacement cost of the uniform. In order to receive a uniform, all previously issued uniforms must be returned or paid for.

Season Pass

The Athletic Program Board offers a season pass at the cost of \$75.00 per family and can be purchased at anytime. This pass entitles everyone in the immediate family plus grandparents free admittance to all home games played at Holy Childhood School, regardless of the sport. Diocesan Tournaments are not included in the Season Pass, but HCS sponsored tournaments are included.

Fundraising

The Holy Childhood Athletic program operates only on funds raised by the Athletic Program Board. It is important that all parents or legal guardians contribute in one manner or another to our fundraising efforts. The revenue for the Athletic Program is collected at our various fundraising events along with the athletic fees and door and concession receipts. It is of critical importance that the parents or legal guardians of athletes support all fundraisers

Dress Code

Coaches and athletes are representing Holy Childhood School from the time they walk in the door at every sporting event.

Coaches and athletes are required to wear nice pants and a nice shirt to all games, home and away. Jeans may be worn but shall not have holes or be frayed and must be worn properly. No shorts are allowed, except Baseball/Soccer and Track coaches may wear shorts. Catholic school dress code guidelines should be met for all sports.

Approved Spirit Wear warm-up suits may be worn to and from games. These warm-up suits will be available through our Spirit Wear sales only. Sports uniforms may be worn underneath but **MUST** remain completely covered by the suit. Any damage to a sport uniform will result in replacement costs paid by parent or legal guardian.

Baseball, soccer and track athletes are required to wear their sport uniform to all games, home and away. Track uniforms must be covered by appropriate, weather-related clothing.

Dress shoes and tennis shoes, but flip flops, slides, and sandals are not permitted.

Baseball caps may not be worn at any time before or after a game, unless it is part of the baseball uniform.

Only the HCS uniform shall be worn during the game. Short sleeve shirts are permitted to be worn under the uniform as long as the shirt is the same color as the uniform. Accessories such as leggings, shooting sleeves, boy's head bands, wrist bands shall not be worn unless there is a medical reason for the accessory that is accompanied by a doctor's note. Girl's may wear head bands to hold their hair back as long as they are HCS blue, black, yellow, or white. Knee pads may be worn but may only be white, HCS blue, yellow or black. No mismatched knee pads are permitted.

Shoes for Basketball and Volleyball shall be white, HCS blue or black. Markings (ie: Nike Logo) are limited to white, HCS blue, black or yellow. Socks shall follow the same color logic as the shoes. It is preferred, but not mandatory that the team wear the same color shoes and socks as to portray a positive team image. Mismatched shoes or socks, even within the color code, worn by an athlete will not be permitted.

These rules shall be enforced by parents, coaches and faculty as to project a respectable team image of our Athletic program.

Athletic Participation Checklist

The following is a checklist of the information and forms that are required to be filled out and signed for an athlete to participate in any sport at Holy Childhood School. No student shall participate in any sport prior to the completion and submittal of parent or legal guardian & student signature page, physical form, and athletic fees. All forms and fee are for the complete current athletic year.

Note: ONLY CHECKS WILL BE ACCEPTED FOR ANY ATHLETIC FEES THROUGHOUT THE YEAR, ABSOLUTELY NO CASH. All checks are to be made payable to the Holy Childhood School Athletic Program.

Please submit this checklist with payments and forms.

Parent or Legal Guardian & Student Signature and Acknowledgment Page _____

Athletes Physical Examination Form
Completed and signed by a qualified physician _____

Diocesan Parent Code of Conduct Signature Page _____

SPORT	COST	NO. ATHLETES	TOTAL COST
Baseball/ Soccer	\$40.00	x _____	= _____
Basketball	\$40.00	x _____	= _____
Volleyball	\$40.00	x _____	= _____
Track	\$40.00	x _____	= _____

OR

1 Athlete Max Fee of \$140.00
(if submitted prior to September 15th) _____

OR

Family Max Fee of \$280.00 _____

Family Door Pass \$75.00 _____

Total Amount Submitted _____

Parent or Legal Guardian & Student Signature and Acknowledgment Page

Initial

_____ I have read and understand the Holy Childhood Athletic Consent Policy and give my child/children _____ permission to participate in all Holy Childhood School sports for the _____ school year. Neither Holy Childhood School or Holy Childhood Parish nor any entity of said Parish covers any student who participates in the Holy Childhood School Athletic Program with any health or accident insurance and that the parents or legal guardians must have insurance coverage for their child. Each athlete’s parents or legal guardians must release Holy Childhood Parish, Holy Childhood School, its employees, the Athletic Program Board and the Coaches from any claims that might arise from an injury that their child sustains while participating in these sports.

_____ I have read and understand the Sport’s Guide and will refer to this Guide when I have questions and/or problems.

_____ I have read the Diocesan Parents Code of Conduct Policies and agree to follow and abide by these written policies.

_____ I believe to the best of my knowledge that my child is in good health and able to participate in sports.

_____ I understand I will be responsible for replacement costs of any equipment or uniforms that my child does not return at the end of the season or that my child damages.

_____ I understand that I owe a sports fee of \$40.00 for each sport that my child participates in with a maximum of \$140.00 per child if paid by September 15th of the current school year. Fees should not exceed \$280.00 per family.

As parents(s) or legal guardian(s), I/we hereby affirm with my/our signature(s) that all above information is correct and I/we will abide by the policies and rules set forth by the Holy Childhood School Athletic program Board. Each parent or legal guardian of the athlete(s) must sign below.

Parent or Legal Guardian Signature _____
Date: _____

Parent or Legal Guardian Signature _____
Date: _____

I, as a student athlete of Holy Childhood School, have read, understand and will abide by the policies and rules set forth by the Holy Childhood School Athletic Program Board

Student #1 Signature _____ Date: _____

Student #2 Signature _____ Date: _____

Student #2 Signature _____ Date: _____